

LEATHERS CREED

I would strive to grow
by keeping my body healthy and clean,
by keeping my mind open and free,
and by letting my Spirit guide me.
I would strive to do all three
because each is equally a part of me.

LORD'S PRAYER

Our Father who art in heaven,
Hallowed by Thy name. Thy
kingdom come. Thy will be done on
earth, as it is in heaven. Give us this
day our daily bread. And forgive us
our trespasses, as we forgive those
who trespass against us. And lead
us not into temptation, but deliver
us from evil. For thine is the
kingdom, and the power, and the
Glory forever. Amen.

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CAMP ARBOLADO

YMCA

Triangle Leather Study Card



For first year campers under twelve,
who wish to accept the challenge to
grow in BODY, MIND and SPIRIT.

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THOUGHTS ABOUT YOUR TRIANGLE LEATHER

The symbol of the YMCA is the triangle, and it is the strongest figure known. Each side is equal in length. One side stands for your BODY; one side stands for you MIND; and one side stands for your SPIRIT. Each one of these parts of you should be equally developed. One side should not be bigger or stronger than any of the others. Are you equally developed in **body**, **mind** and **spirit**?

Maybe your **body** could be even stronger and healthier. Maybe you can think of a way to improve your **mind** (like at school) or maybe your **spiritual** side (like at church). Talk this over with your counselor.

Everyone who takes a Triangle at YMCA Camp thinks of some way that he or she could become a better person. Challenge yourself to try to do things for the next year that will make you a better person in **body**, **mind** and **spirit**. In the space below write down your ideas for becoming a better person so you won't forget them.

Name

Date

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